

B.S. in Tourism, Recreation & Adventure Leadership

OSU-Cascades

SAMPLE Academic Plan

Nature Eco Adventure Tourism Option | 2021-2022

	Fall		Winter		Spring		Summer
First Year	<i>MATH 111: College Algebra</i> <i>WR 121: English Composition</i> TRAL 130: Intro Outdoor Advent. TRAL 173: Intermediate Rock Free Elective (PAC 199 Rock Climbing, needed for TRAL 173)	4 4 3 2 1	<i>COMM 111: Public Speaking</i> <i>WR 222 English Composition</i> <i>TRAL 132: OD Foundations & Hist Literature & Arts Bacc Core</i> <i>Physical Science Bacc Core</i>	3 3 3 4 4	<i>HHS 231: Lifetime Fitness</i> TRAL 115: OD Living Skills TRAL 118: OD Living Skills Lab TRAL 110: Intro WW Kayak TRAL 111: Intro Canoe Elective Course	2 2 1 2 2 4	
	Total Credits	14	Total Credits	17	Total Credits	13	
	Co-Curricular and Academic Opportunities First Year		<ul style="list-style-type: none"> <input type="checkbox"/> Join student club or student leadership position. <input type="checkbox"/> Participate in FY campus read and FY experiences <input type="checkbox"/> Check out resources for student wellness, time management and study skills <input type="checkbox"/> Participate in Cascades Adventures trip(s) <input type="checkbox"/> Need PAC 199 Rock Climbing before TRAL 173 or valid belay card, PAC 112 ideal elective as well 				
Second Year	<i>ECON 201: Intro to Microecon</i> BA 260: Entrepreneurship TRAL 218: Rock Site Mgmt. or TRAL 260: Inter. Paddle Sport (SP) <i>Cultural Diversity Bacc Core</i>	4 4 2 4	ST 201: Principles of Statistics I TRAL 215: Group Facilitation <i>Biological Science Bacc Core</i> Elective Course Elective Course	4 4 4 3 2	TRAL 280: Outdoor Leadership FES 202: Social Sci Research FES 422: Research Methods <i>Bio/Phys Science Bacc Core</i>	3 3 4 4	
	Total Credits	14	Total Credits	17	Total Credits	14	
	Co-Curricular and Academic Opportunities Second Year		<ul style="list-style-type: none"> <input type="checkbox"/> Check out Career Development Center resources <input type="checkbox"/> Complete work experience, or volunteer/service, check out internship guide <input type="checkbox"/> Attend campus events (at least 1 per term) <input type="checkbox"/> Research study abroad opportunities and integrate into academic plan <input type="checkbox"/> Think about adding a Business minor, Natural Resources minor, or Sustainability minor or Double Degree 				

	Fall		Winter		Spring		Summer
Third Year	TRAL 353: Nature Eco-Adv Tourism <i>TRAL 375^: Experiential Education</i> BA 352: Team, Individual Mgmt TRAL 357: Parks and Protected Areas Management or TRAL 352: Wilderness Management (online)	4 4 4 3	TRAL 270: Pre-Internship TRAL 370: Design Mgmt OD Exp. <i>FW 350: Endangered Species</i> Elective Course Elective Course	1 4 3 4 4	BA 315: Accounting Funds TRAL 493: Environ Interpretation <i>Diff, Power, Discrimin Bacc Core</i> Elective Course	4 4 4 3	TRAL 410 (6) Internship
	Total Credits	15	Total Credits	16	Total Credits	15	
	Co-Curricular and Academic Opportunities Third Year	<input type="checkbox"/> Continue to work with Career Development Center, meet with Career counselor. <input type="checkbox"/> Work on internship placement and planning <input type="checkbox"/> Consider leading Cascades Adventures trips					
Fourth Year	BA 390: Marketing <i>SUS 350: Sustainable Communities</i> Elective Course Elective Course	4 4 4 3	TRAL 476: Risk Management <i>TRAL 479: Nature & Human Exp</i> TRAL 309: Certification Practicum Or "skills course approved by program" Elective Course Elective Course	3 3 2 4 3	Free Elective Free Elective Free Elective Addt'l electives to reach 180 cr.	4 4 4 1-3	
	Total Credits	15	Total Credits	15	Total Credits	12-15	
	Co-Curricular and Academic Opportunities Fourth Year	<input type="checkbox"/> Begin post grad job search, develop resume, continue connecting with Career Development Center <input type="checkbox"/> Complete internship requirements (incomplete grade) fall term <input type="checkbox"/> Consider leading Cascades Adventures trips <input type="checkbox"/> Plan for Commencement Ceremony and celebrations in June!					

**This is a sample schedule intended for informational purposes only. Students should consult with their OSU academic advisor to create a personalized degree plan.*

See the TRAL – NEAT checklist for detailed degree requirements