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<th>Fall</th>
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| **First Year** | *MATH 105: Intro Contemp Math or MATH 111: College Algebra  
*WR 121: English Composition  
TRAL 130: Intro Outdoor Advent.  
TRAL 173: Intermediate Rock Climbing, if needed for TRAL 173 | *COMM 111: Public Speaking  
*WR 222: English Composition  
*TRAL 132: OD Foundations & Hist  
*Social Processes Bacc Core  
*Physical Science Bacc Core | *HHS 231: Lifetime Fitness  
TRAL 115: OD Living Skills Lab  
TRAL 118: OD Living Skills Lab  
TRAL 110: Intro WW Kayak  
TRAL 111: Intro Canoe  
*Literature Arts Bacc Core  
Elective Course | Work Experience, Volunteer, or internship |
| **Total Credits** | 13-14 | 16 | 16 |

| **Second Year** | TRAL 218: Rock Site Mgmt.  
*Biological Science Bacc Core  
*Diff, Power, Discrimin Bacc Core  
*Cultural Diversity Bacc Core  
Elective Course | TRAL 215: Group Facilitation  
ST 201: Principles of Statistics I  
*Bio/Phys Science Bacc Core  
Elective Course | TRAL 260: Intermed. Paddle Sport  
TRAL 280: Outdoor Leadership  
FES 202: Social Science Research  
FES 422: Research Method  
Elective | Work Experience, Volunteer, or internship |
| **Total Credits** | 16-17 | 13-14 | 15 |

| **Third Year** | TRAL 375: Experiential Education  
TRAL 353: Nature Eco-Adv Tourism  
TRAL 357: Parks & Protected Areas  
TRAL 352: Wilderness Mgmt  
Elective Course | TRAL 270: Pre-Internship  
TRAL 370: Design Mgmt OD Exp.  
TRAL 493: Environ Interpretation  
*FW 350: Endangered Species  
Elective Course | TRAL 377: Expeditions I  
TRAL 379: Expeditions II  
Summer:  
TRAL 410: Internship | Work Experience, Volunteer, or internship |
| **Total Credits** | 15 | 15 | 15 |

| **Fourth Year** | TRAL 374: Outdoor & Adventure Ed  
*SUS 350: Sustainable Communities  
Elective Course  
Elective Course | TRAL 476: Risk Management  
TRAL 479: Nature & Human Exp  
TRAL 309: Certification Practicum  
or approved skills program  
Elective Course  
Elective Course | Elective Course  
Elective Course  
Elective Course  
Add’tl electives to reach 180 cr. | Add’l electives to reach 180 cr. |
| **Total Credits** | 15 | 15 | 15 |

*This is a sample schedule intended for informational purposes only. Students should consult with their OSU academic advisor to create a personalized degree plan. *Bacc Core Course