Tourism, Recreation & Adventure Leadership (TRAL) Major with Adventure Leadership Education Option

The tourism and outdoor recreation industries are growing. TRAL graduates are leaders, educators, and entrepreneurs in our most important natural spaces. Students in this option love to learn, study, and work outside. Rivers, mountains, and trails will be your classroom as you learn how to educate others about the outdoors and guide them through life-changing outdoor experiences. After graduating, students will be prepared to work as guides or interpreters or start their own outdoor-focused businesses.

Your Bachelor’s Degree (BS) in TRAL

- A minimum of 180 credits are required for graduation; 60 must be upper division (300 and 400-level courses).
- A maximum of 124 credits earned at a community college may be applied toward a bachelor’s degree at OSU.
- Only courses with letter prefixes and numbers above 100 are accepted.
- TRAL students must complete an approved internship.
- More info at: forestry.oregonstate.edu/undergraduate-programs/tral/adventure-leadership-education

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<tr>
<th>TRAL Core Requirements</th>
<th>TBCC Course</th>
<th>OSU Course</th>
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<tr>
<td>Public Speaking</td>
<td>COMM 111</td>
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<tr>
<td>Argument &amp; Critical Discourse</td>
<td>COMM 112</td>
<td>COMM 114</td>
<td>Available online at OSU</td>
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<tr>
<td>Nature, Eco, and Adventure Tourism</td>
<td>TRAL 353</td>
<td>TRAL 352</td>
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<td>Wilderness Management</td>
<td>TRAL 355</td>
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<tr>
<td>Parks &amp; Protected Areas Management</td>
<td>TRAL 357</td>
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<tr>
<td>Ecological Aspects of Park Management</td>
<td>FES 444</td>
<td>FES 444</td>
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<tr>
<td>Research Methods in Social Science</td>
<td>FES 422</td>
<td>FES 422</td>
<td>Available online at OSU</td>
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<tr>
<td>Natural Resources &amp; Community Values</td>
<td>ANTH 481</td>
<td>ANTH 481</td>
<td>Available online at OSU</td>
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<tr>
<td>Multicultural Perspectives in Nat Resources</td>
<td>FW 340</td>
<td>FW 340</td>
<td>Available online at OSU</td>
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<td>End. Species, Society, and Sustainability</td>
<td>FW 350</td>
<td>FW 350</td>
<td>Available online at OSU</td>
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<tr>
<td>Society &amp; Natural Resources</td>
<td>SOC 481</td>
<td>SOC 481</td>
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<td>Women &amp; Natural Resources</td>
<td>WGSS 440</td>
<td>WGSS 440</td>
<td>Available online at OSU</td>
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<tr>
<td>Computing Applications in Forestry</td>
<td>CAS 171</td>
<td>FOR 112</td>
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<td>Software Apps in Social Science Research</td>
<td>FOR 112</td>
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<tr>
<td>Environmental Interpretation</td>
<td>TRAL 493</td>
<td>TRAL 493</td>
<td>Available online at OSU</td>
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<tr>
<td>Principles of Statistics</td>
<td>MTH 243</td>
<td>MTH 243</td>
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<td>Sustainable Communities</td>
<td>SUS 350</td>
<td>SUS 350</td>
<td>Available online at OSU</td>
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<tr>
<td>English Composition</td>
<td>WR 121</td>
<td>WR 121</td>
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Courses Required for Adventure Leadership Education Option

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<td>Complete one course per category</td>
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- Intro to White Water Kayak
  - TBCC Course: TRAL/PAC 110
- Intro to Canoeing
  - TBCC Course: TRAL/PAC 111
- Intro to Outdoor & Adventure Professions
  - TBCC Course: TRAL 130
- Foundations & History of TRAL Professions
  - TBCC Course: TRAL 132
- Outdoor Living Skills
  - TBCC Course: TRAL 115
- Outdoor Living Skills Lab
  - TBCC Course: TRAL 118
- Intermediate Rock
  - TBCC Course: TRAL/PAC 173
- Rock Site Management
  - TBCC Course: TRAL/PAC 218
- Pre-Internship Seminar
  - TBCC Course: TRAL 270
- Outdoor Leadership Fundamentals
  - TBCC Course: TRAL 280
- Design & Management of Outdoor Experience
  - TBCC Course: TRAL 370
- Outdoor & Adventure Education
  - TBCC Course: TRAL 374
- Experiential Education
  - TBCC Course: TRAL 375
- Expeditions I (Water)
  - TBCC Course: TRAL 377
- Expeditions II (Land)
  - TBCC Course: TRAL 379
- Risk Management in TRAL
  - TBCC Course: TRAL 476
- Nature & The Human Experience
  - TBCC Course: TRAL 479
- Certification Practicum
  - TBCC Course: TRAL 309
- Internship for Work Experience
  - TBCC Course: TRAL 410

General Education Courses (called the Baccalaureate Core)

- Complete one course in each Perspective category with no more than two in the same department.
- Full listing of TBCC courses that fulfill Bacc Core requirements: [admissions.oregonstate.edu/baccalaureate-core-course-equivalencies-tillamook-bay-community-college](admissions.oregonstate.edu/baccalaureate-core-course-equivalencies-tillamook-bay-community-college)

**SKILLS COURSES**
- Math
- Writing I
- Writing II
- Speech (Writing III)
- Fitness

Choose one course from Bacc Core link above WR 121. Required to transfer.
Choose one course from Bacc Core link above Completed as part of major: COMM 111 or 112 PE 295 @ TBCC

**PERSPECTIVE COURSES**
- Biological Science
- Physical Science
- Additional Biological or Physical Science
- Cultural Diversity
- Literature and the Arts
- Social Processes and Institutions
- Western Culture

Choose one course from Bacc Core link above
Choose one course from Bacc Core link above
Choose one course from Bacc Core link above
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Choose one course from Bacc Core link above
Choose one course from Bacc Core link above
Choose one course from Bacc Core link above
Completed as part of major: TRAL 132

**DPD COURSE**
- Difference, Power, & Discrimination

Can be completed as part of major: see advisor

**SYNTHESIS COURSES**
- Contemporary Global Issues
- Science, Technology, & Society

Completed as part of major: SUS 350 or TRAL 479
Completed as part of major: FW 350 or FES 485

Advising Contacts

Academic advisors at your community college and OSU are available to answer your questions and assist you in creating a transfer plan. **See your community college advisor first and use this Transfer Guide to help you plan.** It is important to speak with your OSU academic advisor early on, and often, to ensure correct course selection and sequencing. See [visitosu.oregonstate.edu/visit-campus](visitosu.oregonstate.edu/visit-campus) to schedule your personalized visit.

| Tillamook Bay Community College | Megan Deane McKenna, Lead Faculty for Agriculture, Nat Resources, and Forestry Megan.deanemckenna@oregonstate.edu |
| OSU College of Forestry Prospective Student Advisor | Autumn Granger 541-737-9135 Autumn.granger@oregonstate.edu |

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