

Major Offered At:

**CASCADES**

**Lane  
Community College**

## Tourism, Recreation & Adventure Leadership (TRAL) Major with Adventure Leadership Education Option

The tourism and outdoor recreation industries are growing. TRAL graduates are leaders, educators, and entrepreneurs in our most important natural spaces. Students in this option love to learn, study, and work outside. Rivers, mountains, and trails will be your classroom as you learn how to educate

others about the outdoors and guide them through life-changing outdoor experiences. After graduating, students will be prepared to work as guides or interpreters or start their own outdoor-focused businesses.

### Your Bachelor's Degree (BS) in TRAL



- A minimum of 180 credits are required for graduation; 60 must be upper division (300 and 400-level courses).
- A maximum of 135 credits earned at a community college may be applied toward a bachelor's degree at OSU.
- Only courses with letter prefixes and numbers above 100 are accepted.
- TRAL students must complete an approved internship.
- More info at: [forestry.oregonstate.edu/undergraduate-programs/tral/adventure-leadership-education](http://forestry.oregonstate.edu/undergraduate-programs/tral/adventure-leadership-education)

| TRAL Core Requirements<br><i>Complete one course per category</i> | LCC Course | OSU Course | Notes                   |
|---|------------|------------|-------------------------|
| Public Speaking   | COMM 111   | COMM 111   | Available online at OSU |
| Argument & Critical Discourse                                     | COMM 112   | COMM 114   | Available online at OSU |
| Nature, Eco, and Adventure Tourism                                |            | TRAL 353   |                         |
| Wilderness Management   |            | TRAL 352   | Available online at OSU |
| Parks & Protected Areas Management                                |            | TRAL 357   |                         |
| Ecological Aspects of Park Management                             |            | FES 444    |                         |
| Research Methods in Social Science                                |            | FES 422    | Available online at OSU |
| Natural Resources & Community Values                              |            | ANTH 481   | Available online at OSU |
| Multicultural Perspectives in Nat Resources                       |            | FW 340     | Available online at OSU |
| End. Species, Society, and Sustainability                         |            | FW 350     | Available online at OSU |
| Society & Natural Resources                                       |            | SOC 481    | Available online at OSU |
| Women & Natural Resources   |            | WGSS 440   | Available online at OSU |
| Software Apps in Social Science Research                          |            | FES 202    |                         |
| Environmental Interpretation                                      |            | TRAL 493   | Available online at OSU |
| Principles of Statistics  | MTH 243    | ST 201     | Available online at OSU |
| Sustainable Communities   |            | SUS 350    | Available online at OSU |
| English Composition   | WR 121     | WR 121     | Available online at OSU |

## Courses Required for Adventure Leadership Education Option

| Requirement<br><i>Complete one course per category</i> | LCC Course | OSU Course   | Notes |
|--|------------|--------------|-------|
| Intro to White Water Kayak                             |            | TRAL/PAC 110 |       |
| Intro to Canoeing                                      |            | TRAL/PAC 111 |       |
| Intro to Outdoor & Adventure Professions               |            | TRAL 130     |       |
| Foundations & History of TRAL Professions              |            | TRAL 132     |       |
| Outdoor Living Skills                                  |            | TRAL 115     |       |
| Outdoor Living Skills Lab                              |            | TRAL 118     |       |
| Intermediate Rock                                      |            | TRAL/PAC 173 |       |
| Rock Site Management                                   |            | TRAL/PAC 218 |       |
| Group Facilitation                                     |            | TRAL 215     |       |
| Intermediate Paddle Sport                              |            | TRAL/PAC 260 |       |
| Pre-Internship Seminar                                 |            | TRAL 270     |       |
| Outdoor Leadership Fundamentals                        |            | TRAL 280     |       |
| Design & Management of Outdoor Experience              |            | TRAL 370     |       |
| Outdoor & Adventure Education                          |            | TRAL 374     |       |
| Experiential Education                                 |            | TRAL 375     |       |
| Expeditions I (Water)                                  |            | TRAL 377     |       |
| Expeditions II (Land)                                  |            | TRAL 379     |       |
| Risk Management in TRAL                                |            | TRAL 476     |       |
| Nature & The Human Experience                          |            | TRAL 479     |       |
| Certification Practicum                                |            | TRAL 309     |       |
| Internship for Work Experience                         |            | TRAL 410     |       |

## General Education Courses (called the Baccalaureate Core)

- Complete one course in each Perspective category with no more than two in the same department.
- Full listing of LCC courses that fulfill Bacc Core requirements: <https://admissions.oregonstate.edu/baccalaureate-core-course-equivalencies-lane-community-college>

|                            |  |  |
|----------------------------|--|--|
| <b>SKILLS COURSES</b>      | Math<br>Writing I<br>Writing II<br>Speech (Writing III)<br>Fitness   | Choose one course from Bacc Core link above WR 121. Required to transfer.<br>Choose one course from Bacc Core link above<br>Completed as part of major: COMM 111 or 112<br>HE 275  |
| <b>PERSPECTIVE COURSES</b> | Biological Science<br>Physical Science<br>Additional Biological or Physical Science<br>Cultural Diversity<br>Literature and the Arts<br>Social Processes and Institutions<br>Western Culture | Choose one course from Bacc Core link above<br>Choose one course from Bacc Core link above<br>Choose one course from Bacc Core link above<br>Choose one course from Bacc Core link above<br>Choose one course from Bacc Core link above<br>Choose one course from Bacc Core link above<br>Completed as part of major: TRAL 132 |
| <b>DPD COURSE</b>          | Difference, Power, & Discrimination  | Can be completed as part of major: see advisor   |
| <b>SYNTHESIS COURSES</b>   | Contemporary Global Issues<br>Science, Technology, & Society   | Completed as part of major: SUS 350 or TRAL 479<br>Completed as part of major: FW 350 or FES 485   |

## Advising Contacts

Academic advisors at your community college and OSU are available to answer your questions and assist you in creating a transfer plan. **See your community college advisor first and use this Transfer Guide to help you plan.** It is important to speak with your OSU academic advisor early on, and often, to ensure correct course selection and sequencing. See [visitosu.oregonstate.edu/visit-campus](https://visitosu.oregonstate.edu/visit-campus) to schedule your personalized visit.

|  |   |
|--|---|
| <b>Lane Community College</b>                              | Deidre Lyons, Academic Advisor<br><a href="mailto:lyonsd@lanecc.edu">lyonsd@lanecc.edu</a>  |
| <b>OSU College of Forestry Prospective Student Advisor</b> | Autumn VanderLinden<br>541-737-9135<br><a href="mailto:Autumn.VanderLinden@oregonstate.edu">Autumn.VanderLinden@oregonstate.edu</a> |