B.S. in Tourism, Recreation & Adventure Leadership

Nature, Eco & Adventure Leadership Option | Cascades | 2025-2026

	Fall		Winter		Spring		Summer
First Year	CORE 100 or 300: Transitions TRAL 132: Found Outdoor Profess. TRAL 173: Intermediate Rock WR 121Z: English Composition COMM 111Z: Public Speaking	2 3 2 4 4	TRAL 242: Inclusion & Belonging Core: Arts & Humanities General ECON 201Z: Intro to Microeconomics Elective Course	3 4 4 4	TRAL 115: OD Living Skills TRAL 118: OD Living Skills Lab TRAL 110: Intro WW Kayak TRAL 111: Intro Canoe Core: Scientific Inquiry & Analysis 1 Elective Course	2 1 2 2 4 4	
	Total Credits	15	Total Credits	15	Total Credits	15	
Second Year	BA 260: Entrepreneurship TRAL 222: Wilderness First Respond. TRAL 218: Rock Site Mgmt or TRAL 260: Paddle Sport (Spring) Core: Writing Elevation	4 4 2 3	TRAL 251 Rec Resource Management TRAL 215: Group Facilitation ST 243Z: Principles of Statistics I Core: Arts & Humanities Global	4 4 4 3	FES 428: Methods Analyzing Data FES 422: Research Methods TRAL 280: Outdoor Leadership Elective	3 4 3 4	
	Total Credits	13	Total Credits	15	Total Credits	14	
Third Year	TRAL 353 Nature, Eco, Adv Tourism TRAL 375^: Experiential Education TRAL 357: Parks & Protected Areas Core: Scientific Inquiry & Analysis 2	4 4 3 4	TRAL 270: Pre-Internship TRAL 30X: Choose a Cert Course Elective Course Elective Course Elective Course	1 2 4 4 3	BA 315: Accounting Funds BUS 252 Mgmt Team Performance GEOG 333: Environmental Justice Elective Course	4 4 3 4	TRAL 410: Internship (6 cr)
	Total Credits	15	Total Credits	14	Total Credits	15	
Fourth Year	BA 390: Marketing SUS 350: Sustainable Communities Core: Seeking Solutions Elective Course – Upper Division	4 4 4 3	TRAL 476: Risk Management TRAL 370: Design Mgmt OD Exp Elective Course Elective Course	3 4 4 3	FES 485: Consensus & Nat Resources TRAL 493 Env. Interpretation Elective Course Elective Course	3 4 4 3	
	Total Credits	15	Total Credits	14	Total Credits	14	

This is a sample schedule intended for informational purposes only. Students should consult with their OSU academic advisor to create a personalized degree plan. Core Ed Courses are italicized.