

B.S. in Tourism, Recreation & Adventure Leadership

Adventure Leadership Education Option | Cascades | 2025-2026

	Fall		Winter		Spring		Summer
First Year	CORE 100 or 300: <i>Transitions</i> TRAL 132: Found Outdoor Profess. TRAL 173: Intermediate Rock WR 121Z: <i>English Composition</i> COMM 111Z: <i>Public Speaking</i>	2 3 2 4 4	TRAL 242: <i>Inclusion & Belonging</i> Core: <i>Arts & Humanities General</i> Core: <i>Social Science</i> Elective Course	3 4 4 4	TRAL 115: OD Living Skills TRAL 118: OD Living Skills Lab TRAL 110: Intro WW Kayak TRAL 111: Intro Canoe Core: <i>Scientific Inquiry & Analysis 1</i> Elective Course	2 1 2 2 4 4	
	Total Credits	15	Total Credits	15	Total Credits	15	
Second Year	TRAL 218: Rock Site Mgmt. TRAL 260: Intermed. Paddle Sport TRAL 222: Wilderness First Respond. Core: <i>Writing Elevation</i> Elective Course	2 2 4 3-4 3-4	TRAL 215: Group Facilitation TRAL 251: Rec Resource Management ST 243Z: <i>Principles of Statistics I</i> Core: <i>Arts & Humanities Global</i>	4 4 4 3	FES 428: Methods Analyzing Data FES 422: Research Methods TRAL 280: Outdoor Leadership Fund. Elective Course	3 4 3 4	
	Total Credits	15	Total Credits	15	Total Credits	14	
Third Year	TRAL 375^: <i>Experiential Education</i> TRAL 353: Nature Eco-Adv Tourism TRAL 357: Parks & Protected Areas Core: <i>Scientific Inquiry & Analysis 2</i>	4 4 3 4	TRAL 270: Pre-Internship GEOG 333: <i>Environmental Justice</i> TRAL 30X: Choose a Cert Course Elective Course Elective Course	1 3 2 4 3	TRAL 377: Expeditions I TRAL 379: Expeditions II	5 10	TRAL 410: Internship (6 cr)
	Total Credits	15	Total Credits	13	Total Credits	15	Total Credits: 6
Fourth Year	TRAL 374: Outdoor & Adventure Ed SUS 350: Sustainable Communities Core: <i>Seeking Solutions</i> Elective Course	3 4 4 4	TRAL 476: Risk Management TRAL 370: Design Mgmt OD Exp Elective Course Elective Course	3 4 3 3	FES 485: Consensus & Nat Resources TRAL 493: Environ Interpretation Elective Course Elective Course	3 4 4 3	
	Total Credits	15	Total Credits	13	Total Credits	14	

This is a sample schedule intended for informational purposes only. Students should consult with their OSU academic advisor to create a personalized degree plan. *Core Ed Courses are italicized*